

# Eastview Hockey Association

## Questions and Answers for Mite Parents

### 2010-2011 Season

#### Welcome

Welcome to EVHA mite hockey. Mite hockey is for boys and girls 5 – 8 years old born on or after 7/1/01. The mite hockey program is designed to introduce children to the wonderful sport of hockey, develop basic skating/hockey skills, and of course, to make hockey fun for children and their new friends. Here are some common questions and answers for parents of first year mites:

**Q. When is the mite hockey season?**

A. *Mites will play from November through the beginning of March.*

**Q. What days of the week do mites play?**

A. *Typically, mites will play indoors on Saturday and Sunday, and on occasional weeknights when there is outside ice.*

**Q. Where will the practices be held?**

A. *Most of the indoor practices will be held at the Hayes Ice Arena in Apple Valley.*

**Q. What is the cost of mite hockey?**

A. *Mite hockey costs are kept as low as possible so young players can try hockey to see if they like it. The registration fee is \$50 for first year mites and \$130 for returning mites for the 2010-2011 season (if you register during the Early Bird registration time period or \$160 if after Early Bird deadline). All players must register with USA Hockey before registering with EHVA. The USA Hockey fees are \$40 for players born before 1/1/2004 and free for players born on or after 1/1/2004. There is a required fundraiser in November that has an optional buy-out. First year mites receive a free equipment package that includes most items except for skates, stick, and mouth guard (see itemized list handout).*

**Q. Do the boys and girls play together?**

A. *The girls have a choice. They can either play on a team of boys and girls, or they can register for the "all girls" team(s). The "all-girls" option is offered to make hockey more appealing to young girls. The girl mite teams will share ice time with regular mite teams (as all mite teams do) but the ice will be divided and the practices will be conducted independently.*

**Q. What will beginner mites learn?**

A. *The emphasis of the mite program is on the development of skating/hockey skills and less on playing structured hockey games. A typical practice might have 5-10 minutes of warm up, 30 minutes of skills training, and 20 minutes of in-house scrimmage against other mites of a similar skill level. The games are informal and the mites are not allowed to check. Beginner mites will also play tag and other games that will be used to emphasize skating and having fun.*

**Q. What if my son or daughter has not skated before?**

A. *Many first year mites are new to skates. Mites that are learning to skate will be placed on teams with other beginning skaters and will learn to skate together.*

**Q. How many mites are on each team?**

A. *There will be about 12-16 mites on each team. Mite teams will share the ice with other mite teams at practice.*

**Q. What is the mite clinic?**

A. *The mite clinic is held by EVHA on Saturday Oct. 30<sup>th</sup> and Sunday Oct. 31<sup>st</sup> and offers a chance for both beginner and returning mites to develop fundamental skating/hockey skills. First year mites should attend the beginner session. Returning mites can attend either the beginner, or intermediate session according to their skill level. This year there will also be a "girls" session for girls that have chosen to play on an all girls team. Mites can attend any one or all of the days of the clinic, as they like. The cost of the clinic is \$25. The clinic is optional.*

**Q. What is the mite evaluation?**

A. *The mite evaluation will be held on Saturday November 6th and will be used to help place mites on teams with other children of similar experience and skill levels. All mites are placed on teams. The vast majority of first year mites will be placed on beginner teams. If players attend the mite clinic they will be introduced to the skills that will be part of the mite evaluation. Both first year and returning mites should attend the mite evaluation. If you are not able to attend the evaluation, please contact the mite coordinator, David Kisch, at (952) 953-9826.*

**Eastview Hockey - Mite Calendar for 2010-2011 Season**

| <b>Event</b>   | <b>Dates</b>   |
|--|--|
| On-line Registration   | August 1 - October 31st  |
| Equipment vouchers   | September - October  |
| Mite Clinic (Hayes Arena – Apple Valley)   | Saturday October 30, 2010 Mite Clinic<br>Hayes Ice Arena<br><br>All Girls            11:00-12:15<br>Beginners           12:30-1:45<br>Intermediate        2:00-3:30<br><br>Sunday October 31st, 2010 Mite Clinic<br>Hayes Ice Arena<br><br>All Girls            12:00-1:00<br>Beginners           1:15-2:30<br>Intermediate        2:45-4:15 |
| Mite evaluation (Hayes Arena - Apple Valley)   | Saturday, November 6, 2010<br>Mite Evaluations Hayes Ice Arena<br><br>All Girls            11:00-12:00<br>Last Name A-K     12:15-1:45<br>Last Name L-Z     2:00-3:30  |
| Open Hockey (This is not part of the evaluations. It is an opportunity for mites to get extra ice time). | Sunday, November 7, 2010<br>Hayes Ice Arena<br><br>All Girls            12:00-1:00<br>Beginners           1:15-2:30<br>Intermediate        2:45-4:15   |
| Mites placed on teams – coaches call players   | Week of November 8 <sup>th</sup>   |
| Practices begin  | November 13th  |
| Jerseys distributed<br>Pictures  | Mid-November<br>Mid-November   |
| Practices end  | Early March  |
| Mite Jamboree  | Several throughout the season  |

**Please visit our web site at: [www.eastviewhockey.net](http://www.eastviewhockey.net)**