

Medical/Liability

If in the event my child is injured during the absence of a parent or legal guardian, I give permission for any staff member to seek medical attention.

I/we understand that participation in the Eastview Girls Hockey Summer Program is at my/our own risk and agree to hold harmless and indemnify any staff of the Eastview Girls Hockey Summer Program from liability for injury, harm or other damages that my child may sustain while being a participant.

Participant and/or participant's parent(s)/guardian(s) acknowledge, understand and assume all risks inherent in ice hockey and understand that said sport and activities involve risk to participant's person including bodily injury, partial or total disability, paralysis, and death and damages which may arise therefrom and that I/we have full knowledge of said risks. It is further acknowledged that there may be risks and dangers not known to us or are not reasonably foreseeable at this time.

Parent/Guardian Signature _____

Date _____

Please list any health issues or allergies of participant

Ice and Off-Ice Dates/Times

Grade 7-12

June 15, 17, 19, 29

(Off-Ice 11:00-12:30, Ice 1:00-2:00)

June 22, 24, 26 *Time change for these 3 days*

(Off-Ice 10:45-12:15, Ice 12:45-1:45)

July 6, 8, 10, 13, 15, 17, 20, 22

(Off-Ice 11:00-12:30, Ice 1:00-2:00)

Grade 3-6

June 15, 17, 19, 29

(Ice 2:15-3:15, Off-Ice 3:30-4:30)

June 22, 24, 26 *Time change for these 3 days*

(Ice 2:00-3:00, Off-Ice 3:15-3:30)

July 6, 8, 10, 13, 15, 17, 20, 22

(Ice 2:15-3:15, Off-Ice 3:30-4:30)

**Please register for
level/grade you will play
next season**

Questions

Call Herb at 952-484-6194

Email hsharvey@charter.net

Develop

**Individual skating , stick handling,
shooting and passing skills**

All Sessions at Eagan Arena

SUMMER SKILL DEVELOPMENT

June 15-July 22

Eastview Girls Hockey 2009 Summer Program



15 Hours of Ice, plus off-ice

Instruction provided by Eastview
High School Girl's Coaching Staff

Two Levels:
Grades 3-6 and Grades 7-12

Program Focus

The focus of the Eastview Hockey Summer Program is to provide athletes a training program in a challenging, fun and safe environment. The goal is for all athletes to develop and improve skills in the areas of skating, stick-handling, shooting, passing and hockey sense. Players will be grouped according to skill level.

Practicing correct technique through repetitions has proven to improve an athlete's ability to perform certain skills. In the Eastview Girls Hockey Summer Program athletes will be taught proper technique and will have the opportunity to perform and practice these techniques in different situations.

Techniques will be learned through a series of drills, small sided games and competitive situations. Players will be pushed to perform outside of their comfort zone. We will teach the skill, practice the skill, and then will increase the tempo while performing a skill so athletes can perform skills at game speed.

Limited to 30 skaters and 4 goalies

Staff

Herb Harvey: Eastview Lightning Head Coach, 16 years high school coaching experience.

Mo Hardwick: Eastview Lightning Assistant Coach, Former St. Thomas College All-Conference Player, 9 Years of instructional experience.

Scott Kauchick: Eastview Lightning Assistant Coach/Goalie Coach. 20 years of goalie instructional experience.

2009 Scheduled Dates

June

Monday	Tuesday	Wed.	Thursday	Friday
15		17		19
22		24		26
29				

July

Monday	Tuesday	Wed.	Thursday	Friday
6		8		10
13		15		17
20		22		

ALL Ice and Off-Ice at Eagan Arena

Program and Fees

Dryland: will consist of shooting, stick-handling, sprints, agility, plyometrics and hockey specific jumps.

Cost: Skaters \$395

Goalies \$150

10% Discount for 2+ family members

- Register early to reserve position
- A \$200 non-refundable deposit or payment in full is due with registration
- 2nd payment of \$195 is due June 1, 2009
- Confirmation email will be sent when registration is received

Player Registration

Complete this section and disclaimer on backside.

Register early to guarantee position.

Participant _____

Date of Birth _____

Parent(s) _____

Address _____

City _____ State _____

Zip Code _____

Home Phone _____

Cell phone _____

Cell Phone _____

Email _____

Team/level last season _____

Position _____

Register for Grade level you will be in next school year: (Circle level)

Grade 3-6

Grade 7-12

Checks Payable to: Herb Harvey

Mail to: Eastview Summer Program
9405 204th Street West
Lakeville, MN 55044

Questions: Call or email Herb Harvey
hsharvey@charter.net
(952) 484-6194

